



PETERBOROUGH SUMMER REGATTA 15-16 AUGUST 2026

GENERAL INFORMATION AND SAFETY INSTRUCTIONS

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GENERAL INFORMATION

1. Welcome. A very warm welcome to all attending The Peterborough Summer Regatta (The Regatta). We hope that the format of the competition will allow for close competitive racing, enjoyed by all abilities in a safe and friendly environment.

2. Location. The postcode for navigation is PE3 6LN; what3words location is ///scope.short.brass. Follow signs for *Thorpe Meadows* and *Rowing Course* from the A1260 and A1179. Full directions can be found on the Club's website at www.peterboroughcityrowing.co.uk. Cars and trailers to be parked as directed,

ensuring adequate space for movement of boats and other equipment between vehicles. Attendees should note and respect that Thorpe Meadows is open to the general public and The Regatta has no exclusive rights either for access or use of the land; please respect the rights of our neighbours and other frequent visitors to Thorpe Meadows. Club / spectator gazebos etc must not encroach onto the public path adjacent the course or the car park access behind. Drivers must ensure all routes are kept clear at all times.

3. Camping. Camping will be available in Thorpe Meadows, in the grassed area opposite the Dragonfly Hotel, for the duration of The Regatta weekend. Camping is welcome for both Friday and Saturday nights but not Sunday night. The Regatta site will be cleared after racing on Sunday and no facilities will be available. **Due to the extreme dry ground / grass / vegetation, BBQs and other sources of ignition are not permitted.**

4. Vehicle Parking. Boat trailers will be directed to the boat and trailer park and into allocated spaces. Drivers with vehicles carrying boats will be directed to unload in the boat park and then move their vehicles to the designated parking area. Vehicles should not be left such that they obstruct access for others, even for brief periods; remember that large emergency vehicles may require immediate access to incidents. **Any infringement of this local rule will result in action being taken against those clubs involved. The access route alongside the cycle path is not to be obstructed and extreme care should be observed for public users.** Neither PCRC nor Peterborough Regattas will accept any liability for damage sustained to vehicles, howsoever caused. **DRIVE SLOWLY AND AVOID DAMAGING GRASS AREAS.**

5. Photography and Other Media. There may be official photographers and videographers at The Regatta. Official photographs may be available for sale at The Regatta and subsequently from the photographer's website. These photographs and videos may be used on websites and social media channels of PCRC and / or their partners / sponsors. By entering The Regatta, all competitors (but particularly junior competitors and those responsible for them) consent to this. Competitors and those responsible for them should also be aware that other, non-official photographers may operate at sporting events and the consequent photographs or videos may be freely used in print, digital media or elsewhere over which PCRC has no control. Coaches, responsible adults and junior competitors agree that by entering the competition, they have made the competitors and their parents (or guardians where *in loco parentis*) aware of this.

6. Competition Format. The Regatta will run under BR Regulations, Rules of Racing 2025 (*RoR*) and RowSafe: A Guide to Safe Practice in Rowing (*RowSafe*) unless expressly described in these instructions. The competition will run over 2 days but each day's racing will be discreet. Saturday racing will be over the full 1000m course; Sunday sprint racing will be over 500m. Dependent on entry levels, side-by-side time trials may be used for events to enable seeding into finals; otherwise events will follow the traditional format of a side-by-side knock-out.

7. Identity, Membership Cards and Prize Winners. In accordance with *RoR* 7-2-3, all competitors shall take their BR digital membership card (or valid

physical card) with them to a competition. If the card is not available, then other forms of photographic identity may be acceptable. Winners who cannot confirm their identity shall not receive any crew or individual prize until their eligibility has been confirmed. Medals / trophies will be awarded to winners of A Finals. Winning crews will present their membership cards for checking at Registration and collect their trophies as directed.

8. Registration. All entries and registration will be via BROE. Any substitutions will also be made via BROE and clubs should ensure they have access to mobile technology to facilitate this. Advice will be available via Registration in the Control tent.

9. Cox Weighing. Coxes will weigh in at Control. Coloured wrist bands will be provided for pick up after weighing. Visiting clubs must provide their own deadweight for coxes requiring additional weight for their race category.

10. Crew Numbers. Boats must display the crew's lane identification number and be fitted with a number slot on the bow for this purpose. Numbers are issued at Control 30-35 minutes before race time; always collect numbers assuming races are running to time. An announcement from Control via the PA will advise if any change to Regatta time is necessary.

11. Boating. Each crew will be responsible for boating 30 minutes before their race time, under the guidance of Control Commission. Crews may be requested to demonstrate the completeness and integrity of boat features such as bow balls, heel restraints, buoyancy compartments and cox lifejackets / buoyancy aids.

12. Results. Live results will be available via www.RaceLeader.co.uk and published on the PCRC website at the end of each racing day.

13. Queries and Issues. Queries and issues that arise within The Regatta should be addressed to Control. To enable Control personnel to focus clearly on crew issues, we request that only one representative from any crew should attend Control at any time.

14. Incidents. In order that The Regatta OC and Race Committee are aware of any incidents and can coordinate effective responses, please report any incidents on or off the water to Regatta Control. **FIRST AID** facilities are located by the front of the Boathouse, adjacent to Control.

15. Catering. There will be a selection of home-made sweet and savoury refreshments including sandwiches, cakes and drinks available within the Clubhouse conservatory, with indoor and outdoor seating and views of the racing course.

16. Toilets and Showers. Portable toilets are provided around the site. Toilets are also available within the Clubhouse including an accessible WC / shower at the main clubhouse entrance. Showers are located in the Clubhouse changing rooms.

17. Litter. The Regatta site is set in a public park and competitors and supporters are asked to dispose of litter responsibly – rubbish bags are available from the Clubhouse and litter bins are situated around the site. It will be a significant help in the post-Regatta clear-up if visiting clubs take their rubbish to the skip located in the Clubhouse car park. Where recycling options are provided, please separate and recycle as far as possible; ensure foodstuffs are removed from any recyclable containers, the foodstuffs to go as general waste.

SAFETY INSTRUCTIONS

18. Regulation. The Regatta will be run according to the latest published revision of BR Regulations, *RoR* and *RowSafe*. These instructions provide information for the duration of The Regatta. There will be no provision for practice outside the normal timetable of racing. The Regatta will endeavour to provide a safe environment within the terms of *RowSafe* although competitors, coxswains and coaches are specifically reminded that persons using the lake do so entirely at their own risk and are solely responsible for:

- a. Their own safety, remembering that they have a duty of care to themselves and to any third party both on the water and on land.
- b. Ensuring that any equipment (eg boats, blades, buoyancy aids etc) is safe and prepared to the standards as required under *RoR* and *RowSafe*. Any failure in this standard may result in exclusion from the crew's event.
- c. Their strict observance of the circulation pattern (see below; circulation pattern diagrams are available in Control) and of the provisions of *RowSafe*.
- d. Deciding whether or not they are competent to use the lake in the prevailing weather conditions - this decision may be taken by the individual or with their coach / crew.
- e. Ensuring that they can swim in accordance with the provisions of *RowSafe*.

19. Weather Conditions. The weather in mid-August can be variable. It is likely to be hot with strong sunlight. Competitors, coaches, officials and other essential attendees should be aware of the dangers of sunburn, heat exhaustion and heatstroke and the relevant health advice to cover up, apply good quality sunscreen and maintain proper hydration throughout the competition. If inclement, there is a risk of competitors getting cold and / or wet. Attendees are advised to consult weather forecasts for the weekend and pack the necessary kit to ensure comfort and safety. *RowSafe 8.1* advises *clothing appropriate to the conditions*. Refer to *RowSafe 8.2* and the PCRC Hot Weather Guidance displayed at Control and on the PCRC website. **At times of extreme heat, listen for instructions from the PA system where the Race Committee may institute batch boating, pause racing or cancel events to prevent excessive exposure to the conditions for both competitors and officials.**

20. Use of the Course. All competitors, coaches and participants are also reminded of the following:

- a. Practising on the course is not permitted whilst racing is in progress.
- b. The lake is **totally closed** from the conclusion of racing on Saturday to the start of racing on Sunday for any activity whatsoever. Any breach of this local rule shall immediately result in exclusion from the competition.
- c. Outside the hours of racing there will be **NO** safety cover on the course.
- d. They are responsible for their own safety arrangements before and after the day's racing.
- e. The River Nene is **closed for navigation** throughout the regatta weekend. Crews must not attempt to boat on the river.
- f. The need to supervise juniors with a high degree of vigilance; a higher standard of care is expected when acting *in loco parentis*.
- g. The need to ensure that **all** access roads / routes are kept clear at all times and that the lakeside public foot / cycle path is not blocked in any way by vehicles, cycles, chairs and gazebos etc. Keep aware of vehicle movements to the rear of gazebos erected adjacent the towpath and car park access route.
- h. The Regatta discourages following races using bicycles, or any other vehicle, on safety grounds. The path along the Clubhouse (north) side of the course is a public right of way and The Regatta has no exclusive right or access to the path. Coaches and supporters will understand that it is impossible to concentrate on other path users when focused on a crew on the lake and injury incidents have occurred. Any coach or supporter who chooses to disregard this advice is solely responsible for their actions and the outcome. PCRC and Peterborough Regattas will not accept any liability for a resultant collision or injury. Anyone wishing to follow a race should do so from the south side of the course (far side from the Clubhouse; fewer people and / or pets) and respect other park users who may be going about their legitimate business there.
- i. When in the boating area, or when boating / de-boating, take extra care to give right of way to other participants and members of the public, so as not to cause distress or injury to third parties.
- j. When boating or de-boating, exercise care on the staging to avoid trips and slips, especially during wet weather.
- k. Draw the attention of the nearest Official to any incident as soon as possible, so that they can summon assistance. First Aid cover is provided during the hours of racing and is situated close to Control.

21. Key Positions. During The Regatta, the following are key positions:

Regatta Control – in the tent on the boathouse forecourt.

Regatta Treasurer – Registration in Control.

First Aid – adjacent to the Clubhouse / Control.

Landline – In the foyer of PCRC.

Mobiles – Control, Finish, Start, Welfare Officer and Race Committee Chair

Hospital A & E – Peterborough City Hospital, Bretton Gate, PE3 9GZ
Tel: 01733 678000

Regatta Secretary – John Canton

Race Committee Chair – Julian Popple

Race Committee Members – Ian Donald, Michelle Moulding, Grant Ralph

Competition Safety Adviser – Helen Wallace

Competition Welfare Adviser – Helen Mosley (Sat all day & Sun am);
Ericha Knowles (Sun pm) - via Regatta Control

Rowing Club address: Thorpe Meadows, Peterborough

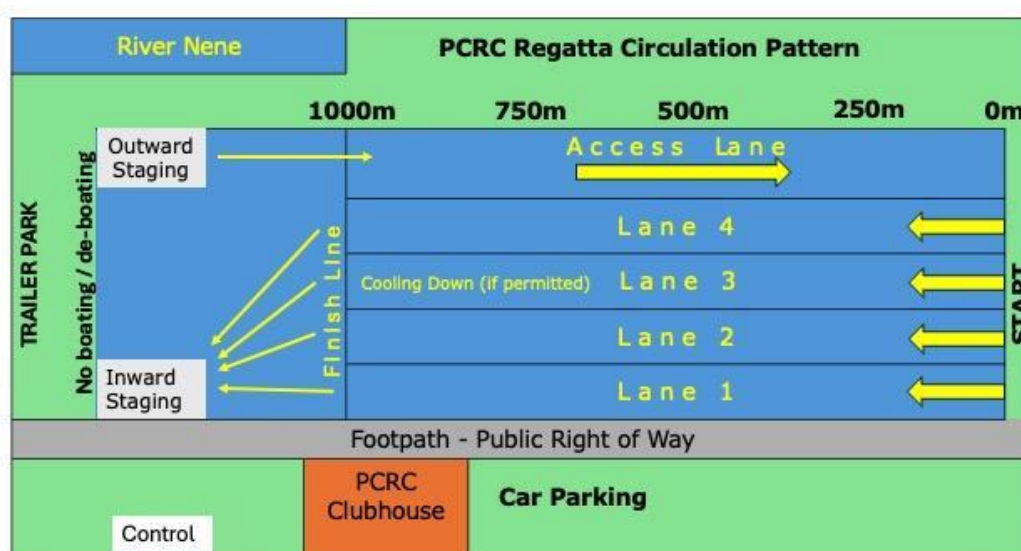
Rowing Club postcode: PE3 6LN

Rowing Club Grid Reference: 174 985

Rowing Club What3words: ///scope.short.brass

22. Racing Circulation Pattern. This applies from 30 minutes before the first race until the last race has finished on each day. Note that the rowing lake is closed outside the racing programme published in The Regatta draw. The diagram below shows racing over 1000m. 500m racing follows the same pattern but crews turn into their racing lane behind the 500m start; crews should remain within hailing distance of the Start and not paddle to the far end of the lake. Cooling down is permitted in Lane 3 during 1000m racing, subject to crews' safe use of the facility. There is no warming up / cooling down available for 500m racing.

Failure to comply with these local rules may lead to the removal of a crew or club from the competition.



23. Points to note when rowing towards the Start for 1000m.

- a. Once boated, crews should proceed towards the Start in the Access lane with their bows pointing towards the Start end of the lake and be ready to act upon any instructions given from the Marshals, Starter or Race Umpire.
- b. Crews that are stationary within the access lane must be vigilant and not allow their boat or blades to encroach on the racing lanes.
- c. When called to the start, crews should proceed diagonally across the course in lane order, taking extra care when turning and backing onto the stakeboats. Follow marshalling instructions and turn as close to the stakeboat as possible to limit the distance and time for backing down.

24. Points to note when rowing towards the Start for 500m.

- a. Once boated, crews should proceed in the Access lane until they are past the 500m start. Crews approaching the Start should take particular care to keep well clear of any crew approaching the stakeboat in Lane 4.
- b. When safely clear of the start line and when safe to do so, crews should turn across the lake to reach their racing lane. The boat's bows after turning should face towards the stakeboats.
- c. When called onto the start, crews should approach and pass through the stakeboats to reach their starting position. Extra care should be taken when passing and backing onto the stakeboats including taking account of any cross winds.

25. General Points to note.

a. Warming Up – this is not permitted on the course during the hours of racing and any crew practising starts in the Access lane **MUST DO SO WITH GREAT CARE** in relation to other crews proceeding to the Start and to any races passing on the course.

b. Cooling Down – this is permitted on the following basis for 1000m racing:

- i. Once finished, crews should turn immediately into the Access lane and proceed **no further than the 500m point**.
- ii. The crew should stop in the access lane, ensure that there is no oncoming race, turn across the course (do not turn in the Access lane) and proceed into Lane 3, returning immediately towards the Finish and ensuring that they keep clear of any oncoming races.
- iii. Lane 1 should **NOT** be used as this is for umpire launches proceeding to their positions.

iv. Lane 2 should **NOT** be used as this may be used for distressed / disabled crews recovering to the Finish area.

v. Lane 4 is a separation lane to avoid collisions and should **NOT** be used.

Any abuse of this rule will result in the withdrawal of this provision and may render disqualification from the competition.

c. Boating. Boating is to be from the outward pontoon and de-boating is to the inward pontoon as per the diagram above.

d. Lane numbers. Lane numbers will normally be collected in the de-boating area as soon as a crew is off the water. If this does not happen, crews are requested to return their number to Control.

26. Thunderstorms. In case of thunderstorms or lightning the Competition Safety Adviser and Race Committee will:

- Consult forecasts from the day before and monitor the weather during the competition.
- In the event of a storm, constitute the chain of command and use the public address system / loudhailers to warn both competitors and spectators of actions to be taken (this includes identification of 'proper shelter' – see below).
- Use the 30:30 criterion to instigate suspension and resumption of activity:
 - Direct Control Commission to stop crews boating until resumption of racing is signalled.
 - Direct the Start Team, umpires and marshals to instruct crews on the water, where circumstances permit, to return to the landing stages with all speed and seek proper shelter. Where practicable, stages on both sides of the lake will be used for de-boating and an Umpire on the finish line will direct returning crews to one side or the other.
 - Direct Control Commission and the Finish Team to ensure that de-boating is executed as quickly as possible (both these teams will leave one member on the landing stages for this purpose).
- **Specific measures include:**
 - The Race Committee will exercise control from the Finish caravan
 - Start team to shelter in the Start caravan and in vehicles at the Start
 - Reduced Finish team to shelter in the Finish caravan
 - Course umpires and marshals to return to the Boathouse as soon as their area of the lake is clear; launch crews then to disembark immediately
 - Competitors to shelter in their vehicles or the Boathouse
 - Blades to be left on grass near landing stages
 - One umpire to execute a sweep of the lake from a car

All officials **and competitors** are asked to familiarise themselves with this general plan, so that it can be actioned promptly and effectively should a thunderstorm occur.