



## COVID-19 RISK ASSESSMENT FOR PETERBOROUGH HEAD OF THE NENE (HoN) COMPETITION – 5 FEB 22

(This document should be read in conjunction with the Operations Risk Assessment for HoN Competition – 5 Feb 22)

### Risk Assessment Matrix

| Probability of Incidents | Severity of Outcome       |                     |                             |
|--------------------------|---------------------------|---------------------|-----------------------------|
|                          | Slightly harmful<br>(Low) | Harmful<br>(Medium) | Extremely harmful<br>(High) |
| Highly unlikely<br>(Low) | Trivial Risk              | Tolerable Risk      | Moderate Risk               |
| Unlikely<br>(Medium)     | Tolerable Risk            | Moderate Risk       | Substantial Risk            |
| Likely<br>(High)         | Moderate Risk             | Substantial Risk    | Intolerable Risk            |

### Risks and Actions

| RISK LEVEL  | ACTION AND TIMESCALE                                                                                                                                                                                                                                                                                                                                       |
|-------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Trivial     | Basic COVID-19 controls in place.                                                                                                                                                                                                                                                                                                                          |
| Tolerable   | No additional controls are required. Consideration may be given to a more effective solution or improvement.                                                                                                                                                                                                                                               |
| Moderate    | Efforts should be made to reduce the risk. Risk reduction measures should be implemented within a defined time period. Where the moderate risk is associated with harmful / serious consequences further assessment may be necessary to establish more precisely the likelihood of harm as a basis for determining the need for improved control measures. |
| Substantial | The activity should not be started until the risk has been reduced. Considerable resources may have to be allocated to reduce the risk. Where the risk involves activity already in progress, urgent action should be taken.                                                                                                                               |
| Intolerable | Activity should not be started or continued until the risk has been reduced. If it is not possible to reduce risk even with unlimited resources, activity has to remain prohibited.                                                                                                                                                                        |

### COVID-19 Risks Associated with the PAH Competition

| Ser | Hazard                         | Risk                                      | Persons at Risk                  | Probability<br>H / M / L | Severity<br>H / M / L | Risk Level | Planned Action to Control Risk                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|-----|--------------------------------|-------------------------------------------|----------------------------------|--------------------------|-----------------------|------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1   | Social distancing on the water | Person(s) becoming infected with COVID-19 | Competitors, volunteers, coaches | Low                      | Medium                | Tolerable  | <b>Safety Launches:</b> <ul style="list-style-type: none"> <li>All volunteers will be equipped with appropriate PPE for the prevailing conditions.</li> </ul> <b>Competitors:</b> <ul style="list-style-type: none"> <li>Avoid boat / blades interfering or fouling when out on the water.</li> <li>In the event of a capsize athletes will be encouraged to try and get back into their boat, if it is safe to do so, or will be brought into the launch as per normal procedures.</li> <li>Replacement PPE will be provided to the launch crew.</li> </ul> |

| Ser | Hazard                    | Risk                                      | Persons at Risk                               | Probability<br>H / M / L | Severity<br>H / M / L | Risk Level | Planned Action to Control Risk                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|-----|---------------------------|-------------------------------------------|-----------------------------------------------|--------------------------|-----------------------|------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2   | Social distancing on land | Person(s) becoming infected with COVID-19 | Competitors, volunteers, coaches, spectators. | Low                      | Medium                | Tolerable  | <p><b>All:</b></p> <ul style="list-style-type: none"> <li>• All reasonable steps to maintain a 2m distance whilst on the land at The Embankment.</li> <li>• Where a 2m distance cannot be observed, personnel advised to use face coverings.</li> <li>• Access to mobile event units will be restricted.</li> <li>• Portable toilets will be equipped with cleaning / sanitising materials for touch points; personnel advised to use these before and after each visit.</li> <li>• Spectators are discouraged from attending the competition. If any do attend, HoN marshals will ask them to remain completely clear of HoN operations (Embankment, riverside path and North Bank adjacent Start and marshalling areas)</li> <li>• Persons other than HoN officials will be requested to move off either Millennium Bridge or Fitzwilliam Bridge</li> </ul> <p><b>Competitors:</b></p> <ul style="list-style-type: none"> <li>• Advised to avoid congregating with people from different clubs / groups</li> <li>• For boating, marshals will advise crews to maintain distance between themselves and other crews</li> <li>• Marshals will encourage crews de-boating to move away to their club's trailer / parking area as quickly as possible to give space for following crews.</li> </ul> |

| Ser | Hazard                   | Risk                                      | Persons at Risk                                  | Probability<br>H / M / L | Severity<br>H / M / L | Risk Level | Planned Action to Control Risk                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
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| 3   | Shared use of facilities | Person(s) becoming infected with COVID-19 | Competitors, volunteers, coaches and spectators. | Medium                   | Medium                | Tolerable  | <ul style="list-style-type: none"> <li>The competition will be run from the Embankment for organisation and all visiting clubs will be directed to their own parking / operating space on arrival. The PCRC clubhouse will only be used for PCRC crews, following extant PCRC guidance.</li> <li>Cleaning and sanitising materials will be available for use. Participants are advised to bring their own face coverings and sanitiser for their own protection.</li> <li>Appropriate methods of waste disposal for cleaning products eg wipes have been put into place.</li> <li>Competitors have been advised to follow <i>Show-Row-Go</i> as far as possible, including travel to the competition wearing the kit that they intend to row in, and to travel home to shower and change.</li> <li>Competitors should bring sufficient spare clothing to permit warmth and recovery following immersion during any capsized</li> </ul> <p><b>Boats:</b></p> <ul style="list-style-type: none"> <li>If clubs are planning on boat sharing between athletes, it is their responsibility to put guidelines in place for this and provide the necessary cleaning equipment.</li> <li>Boats and other shared equipment should be cleaned before and after each use, and other surfaces should be wiped down frequently.</li> </ul> <p><b>Toilets:</b></p> <ul style="list-style-type: none"> <li>Portable toilets will be available at The Embankment with cleaning and sanitising materials.</li> <li>If using the toilets, the user will wipe down any touch points after use (including inside and outside door handles) with the materials provided.</li> </ul> |

| Ser | Hazard                                                                   | Risk                                      | Persons at Risk                                 | Probability<br>H / M / L | Severity<br>H / M / L | Risk Level | Planned Action to Control Risk                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|-----|--------------------------------------------------------------------------|-------------------------------------------|-------------------------------------------------|--------------------------|-----------------------|------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 4   | Shared use of equipment (launches, club blades, club boats, bow numbers) | Person(s) becoming infected with COVID-19 | Competitors, volunteers, coaches.               | Low                      | Medium                | Tolerable  | <ul style="list-style-type: none"> <li>• There will be a bucket with disinfectant at the designated boating area to which athletes can return their bow numbers</li> <li>• Visiting clubs will use their own trailers / vehicles for boat preparation and parking when not in use</li> <li>• Boat sharing is discouraged but, if essential, boats and equipment should be thoroughly cleaned before the next crew takes over</li> <li>• Wipe boats and other rowing equipment with disinfectant at the start and end of each period of use (ie before and after each person uses the equipment). Wear protective gloves when using disinfectant</li> <li>• Safety craft will be crewed by established teams / groups.</li> </ul> |
| 5   | Catering facilities                                                      | Person(s) becoming infected with COVID-19 | Competitors, volunteers, coaches and spectators | Low                      | Medium                | Tolerable  | <ul style="list-style-type: none"> <li>• An outside catering facility will be available on site, positioned to facilitate orderly queuing and discourage mixed groups</li> <li>• Competitors are encouraged to be self-sufficient as far as possible for the duration of their stay at HoN.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                           |
| 6   | Maintaining hygiene                                                      | Person(s) becoming infected with COVID-19 | Competitors, volunteers, coaches.               | Low                      | Medium                | Tolerable  | <ul style="list-style-type: none"> <li>• Everyone visiting the site is encouraged to clean their hands frequently with an alcohol-based hand sanitiser. Sanitiser dispensing points will be available at points around the operating area on the Embankment.</li> <li>• Individuals are encouraged to bring their own sanitiser and face coverings.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                   |

| Ser | Hazard    | Risk                                      | Persons at Risk                   | Probability<br>H / M / L | Severity<br>H / M / L | Risk Level | Planned Action to Control Risk                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
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| 7   | First aid | Person(s) becoming infected with COVID-19 | Competitors, volunteers, coaches. | Low                      | Low                   | Trivial    | <ul style="list-style-type: none"> <li>• PCRC will have a trained first aider at The Embankment for the duration of the competition, accessible direct or via Registration.</li> <li>• All safety launches will be equipped with appropriate PPE for the prevailing conditions.</li> <li>• If the casualty is responsive and able to follow selfcare advice, a first aider will encourage them to do this from a safe distance.</li> <li>• In other situations, for example, when a casualty is unresponsive: <ul style="list-style-type: none"> <li>o Where possible wear gloves when touching or handling the casualty.</li> <li>o Wear a face cover / mask if available and consider placing a face cover / mask over the face of the casualty.</li> <li>o Only handle / touch what is absolutely essential, remembering that all surfaces in and around the casualty may be contaminated by the virus.</li> </ul> </li> <li>• First aiders will only provide essential direct first aid in order to limit exposure time.</li> <li>• This may include controlling significant bleeding, applying a dressing, use of an adrenaline autoinjector, assessing for responsiveness by shaking the person and shouting, and positioning of a casualty. After administering first aid, it is essential to: <ul style="list-style-type: none"> <li>o Remove and dispose of any PPE (used PPE should be treated as clinical waste).</li> <li>o Clean hands with alcohol-based sanitiser</li> <li>o Wash all clothing as soon as practicable.</li> <li>o Be prepared to self-isolate and follow national guidance if COVID-19 symptoms develop after providing direct first aid.</li> </ul> </li> </ul> |

| Ser | Hazard               | Risk                                      | Persons at Risk                                     | Probability<br>H / M / L | Severity<br>H / M / L | Risk Level | Planned Action to Control Risk                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|-----|----------------------|-------------------------------------------|-----------------------------------------------------|--------------------------|-----------------------|------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 8   | Public rights of way | Person(s) becoming infected with COVID-19 | Competitors, volunteers, coaches and general public | Low                      | Low                   | Trivial    | <ul style="list-style-type: none"> <li>The general public are entitled to use the Embankment, riverside path and North Bank (Start and marshalling area) but may become an issue if they stop for a long period of time and watch the event. They will be requested to move away.</li> <li>The operating area on the Embankment will be cordoned to reduce the chance of the general public coming into contact with competitors and race officials. Signs will also be put in place to alert the general public of the competition and advise them on safe routing.</li> <li>Members of the public who stop / gather in the operating area will be asked to move on and respect social distancing for competitors, coaches and officials.</li> </ul> |
|     |                      |                                           |                                                     |                          |                       |            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |